



MONASH University

Introduction to Physiotherapy Years 9 and 10

Bachelor of Physiotherapy (Honours)
School of Primary and Allied Health Care
Peninsula Campus





MONASH University

So you'd like a career in health care.....is physiotherapy the career for you?

**Start thinking now about what your passions are
and what you have a talent for.**

**If you choose a path of study that interests you, you
are more likely to stick with it and do well.**

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Physiotherapy as a career...the basics

1. What is physiotherapy?
2. Where do physiotherapists work?
3. Why choose Monash Physiotherapy?
4. How do you become a physiotherapist?

What is physiotherapy?

People who have injured themselves playing sport or find it difficult to move following an accident or illness may go to a physiotherapist to help them recover.



The physiotherapist :

- diagnoses the problem
- provides treatment, assisting the person to restore movement and/or avoid injuring themselves further
- seeks input from other health professionals if required
- helps the person to achieve the best possible recovery, activity and quality of life



Where do physiotherapists work?

Hospitals

Community health centres

Rehabilitation centres

Private practice

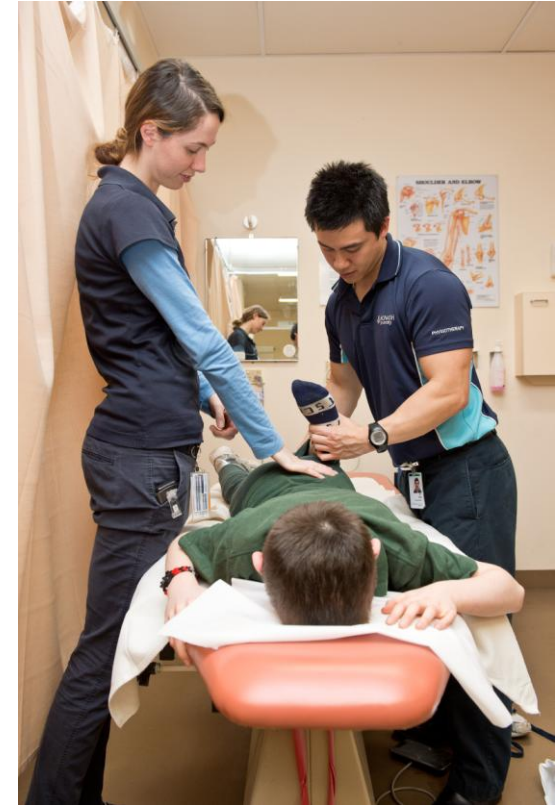
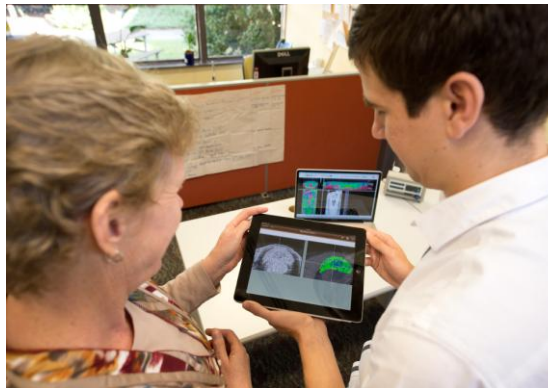
Industrial clinics

Specialist facilities

Sporting clubs

Schools

Occupational health and safety
roles at workplaces



Some physiotherapists undertake research that contributes to physiotherapy knowledge and practice.

How do you become a physiotherapist?

Choose the right subjects

- You need to complete a university degree in physiotherapy.
- If you want to go to university straight from school, you may need to study English, maths and science subjects for your VCE (Victorian Certificate of Education) or interstate equivalent. Check out the different requirements of different universities' programs.

But

- Make sure you keep your options open by doing subjects that will allow you to get into as many courses as possible.

Set your goals

For the Bachelor of Physiotherapy (Honours) at Monash University you need to:

- Achieve an ATAR (Australian Tertiary Admission Rank) score of at least 30 in English (any) or 35 in English (ESL) plus a study score of at least 25 in any two of Biology, Chemistry, Maths Methods, Physics or Specialist Maths.

Get some help

- If your financial, geographical or personal circumstances make it difficult for you to go to university, look into your options.
- If you think you may qualify as “educationally disadvantaged”, ask an adult, teacher or your school’s careers adviser for help.
- If you come from an area with a postcode on the [Commonwealth Government rural and isolated postcode list](#) you may be eligible to apply for special entry to university by completing a [Special Entry Access Scheme](#) application. You may also be eligible to apply for an [equity scholarship or bursary](#). If you are from an indigenous background, contact Monash University’s Yulendj [Indigenous Engagement Unit](#) regarding support services for indigenous students.

You can work after year 12 and go to uni later

Here's how:

- At Monash, non-school-leavers must meet the same requirements as school-leavers, either at VCE or through equivalent university studies.

Find out more on the Monash University website at

<https://www.monash.edu/medicine/spahc/physio>

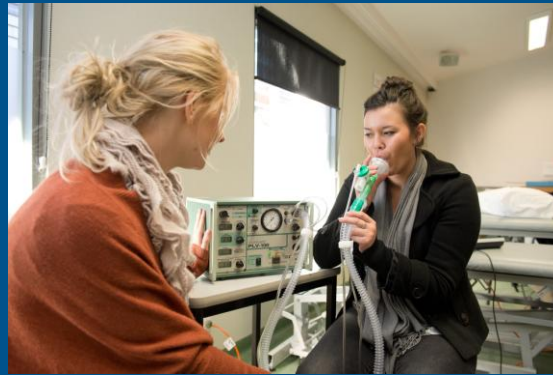
or phone 1800 MONASH (1800 666 274) or submit an

enquiry at <https://register.monash.edu.au/enquiry/>

Why choose Monash Physiotherapy?

You will start to practice what you learn right from the start of your course .

This will build your patient care experience for a medical environment – known as clinical experience.



Health settings where you will gain experience include:

- private practice
- hospital wards
- rehabilitation units
- community health centres
- hospital outpatient clinics



We hope to see you at Monash!



Now.....

- Talk with your careers adviser
- Talk to a physiotherapist
- Go to the Physiotherapy website at <https://www.monash.edu/medicine/spahc/physio>
- Go to Monash Open Days
- Email any questions to <https://register.monash.edu.au/enquiry/>